

Wisdom and Benefits of Pastoral Psychotherapy

Empowering Your Life for Healing and Growth - Emotionally, Mentally, Spiritually, Relationally and Physically

- Awaken to why the invisible strength of Intention is one of God's greatest gifts.
- Discover how to restructure your emotional life outcomes both individually and relationally.
- Awaken how to reverse dramatically negative thought patterns into positive life outcomes.
- Constantly surrounded with the abundance of God's 'Gifts of Love', learn how to claim these spiritual energies and have them manifest in your life.
- Understand and grasp the spiritual energies of Hope, Wisdom, Enlightenment, Intimacy, Compassion and Grace to renew relationships and promote growth.
- Glimpse upon the unlimited power of human consciousness, one's spiritual self, and from these enrich your life and those around you.
- Understand the enlightened awareness that you are always a 'spiritual being who is having human experiences.'
- Understand the wisdom from brain research that your brain is *"literally a super-bio-computer and its use is unlimited."*
- Discover the 24 spiritual energies and the two movements between the polarities of each one.
- Discover the life necessary skill of 'Intentional Disregard' for one's life to be abundant and successful when confronted with consistent stressors and distractions.
- Mobilize the strategy of 'joining the resistance' when presented repeatedly with another's resistance, especially children and spouses, to cooperate and engage personal change.