

☑ **STRUGGLING WITH LOSS AND ITS AFTERMATH:
GRIEF -- A PRIMARY CAUSE FOR PERSONAL DYSFUNCTION**

This presentation overviews the impact of major personal loss typically makes on individual lives, whether the loss is from death, divorce, financial tragedy, serious illness, family dysfunction, or another tragic loss in life. The minimal expected time for one to gain healing from certain types of losses will be discussed as well as the impact of the time impact of unhealthy approaches to dealing with grief. Within a spiritual framework, the dynamics and stages of grief will be explored, based upon important research. The unhealthy symptomatic reactions to loss as well as the six most important helpful interventions will be presented.

Time flexibility: 20 minutes to 3 hours.
Request: Overhead projection where available.
Handouts will be provided.

Interested persons should contact Chaplain Roy B. Nash by any of the following options:

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* This seminar/workshop is available from **Roy B. Nash, M. Div., LMFT, LCPC**, a Marriage and Family Therapist and certified Pastoral Psychotherapist, serving in a United Methodist endorsed Chaplaincy and Counseling Ministry called **Belief-focused Care & Healing**.