

# THE SPIRITUAL ENERGIES WORKSHOP

## ☑ **SPIRITUAL ENERGIES:** **A PARADIGM FOR THE SPIRITUAL QUEST, SPIRITUAL ASSESSMENT, PASTORAL DIAGNOSIS, AND INDIVIDUALIZED HEALING**

Participants will experience, viewing over 60 PowerPoint color slides and numerous handouts, and will learn, adequate time permitted, the following:

- Understanding "***We are always spiritual beings who are having human experiences rather than human beings who occasionally have spiritual experiences.***"
- Understanding of the profound concept: "Every one's functional capacity in life is capped, limited and contained by their present level of total awareness" and there is only one way for that capacity to be increased.
- Perceiving that our brain is "*literally a super-bio-computer and its use is unlimited.*"
- Identifying the three basic traits associated with spiritual energies
- Learning the 24 spiritual energies and the two "movements" for each.
- Learning the three basic "intervention goals" for spiritual caregiving.
- Learning the "paradoxical dimension" for spiritual caregiving.
- Explore the implications of this theological paradigm in understanding our life and service with others in the following areas:
  - > life's priorities & values
  - > prayer
  - > preaching & worship
  - > reviewing media & the arts
  - > illness & disease
  - > Clinical Pastoral Education
  - > mental illness & therapy
  - > spiritual assessment
- Personally experiencing a spiritual assessment using the **Spiritual Energies Assessment Inventory** and, for caregivers, learning how to use and score it.
- Experiencing a "live reenactment" of three hospital scenarios that portray the spiritual energies in the life of one family.
- Understanding everyone's life challenges and each person's innate need to address their Childhood/ Youth Wounds and Defeating Life Scripts and the need to pursue healing.
- Learning the fundamental left and right brain skill functions as it relates to enabling the personal growth process.
- Understanding the biblical concept: "God's Formula for Growth."
- Learning the two major interventions effecting long-term positive change, growth and healing

Numerous handouts will be provided. Professionals in ministry and other persons in spiritually-focused caregiving roles can expect to receive additional handouts. All participants will be given a personal, yet private, opportunity to assess themselves using the SE's Assessment Inventory.

Length of workshops can vary anywhere between 3 to 12 hours, depending upon the setting and the sponsor's objectives. Interested persons should contact Chaplain Roy B. Nash by any of the following options:

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\* This seminar/workshop is available from **Roy B. Nash, M. Div., LMFT, LCPC**, a Marriage and Family Therapist and certified Pastoral Psychotherapist, serving in a United Methodist endorsed Chaplaincy and Counseling Ministry called **Belief-focused Care & Healing**.