TAYLOR - JOHNSON TEMPERAMENT ANALYSIS (T-JTA)

The T-JTA is a 180-item assessment instrument designed to measure nine common personality traits for individual adjustment. The nine scales are:

- Nervous vs. Composed
- Depressive vs. Lighthearted
- Active-Social vs. Quiet
- Expressive-Responsive vs. Inhibited
- Hostile vs. Tolerant
- Subjective vs. Objective
- Dominant vs. Submissive
- Self-disciplined vs. Impulsive
- Sympathetic vs. Indifferent

These particular traits are important components of personal adjustment and influence interpersonal relationships. The T-JTA provides an evaluation in visual form that portrays the respondent’s feelings about himself or herself. In addition, the respondent can answer the questions as they apply to a significant other, in unique T-JTA Criss-Cross fashion, thereby adding the dimension of interpersonal perception to the diagnostic and therapy perspective.

The T-JTA can identify 13 different patterns of personality adjustment:

- Anxiety
- Low Self-Esteem
- Withdrawal
- Inner Conflict
- Alienating Behavior
- Stress Syndrome (seven intensifying levels)
- Suicidal (3 levels)
- Dependent-Hostile
- Emotionally Inhibited
- Con Artist
- Emotionally Repressed
- Judgmental
- Socially Effective

The percentile norms of 1992 are divided into four major populations groups: adolescent, young adult, general adult, and senior adult. The T-JTA’s normative data are based on a sample of over 26,626 individuals, male and female, ages 13 to 76.