

TAYLOR - JOHNSON TEMPERAMENT ANALYSIS (T-JTA)

The **T-JTA** is a 180-item assessment instrument designed to measure nine common personality traits for individual adjustment. The nine scales are:

Nervous vs. Composed	Sympathetic vs. Indifferent
Depressive vs. Lighthearted	Subjective vs. Objective
Active-Social vs. Quiet	Dominant vs. Submissive
Expressive-Responsive vs. Inhibited	Hostile vs. Tolerant
Self-disciplined vs. Impulsive	

These particular traits are important components of personal adjustment and influence interpersonal relationships. The T-JTA provides an evaluation in visual form that portrays the respondent's feelings about himself or herself. In addition, the respondent can answer the questions as they apply to a significant other, in unique **T-JTA Criss-Cross** fashion, thereby adding the dimension of interpersonal perception to the diagnostic and therapy perspective.

The **T-JTA** can identify 13 different patterns of personality adjustment:

- Anxiety
- Withdrawal
- Alienating Behavior (seven intensifying levels)
- Dependent-Hostile
- Con Artist
- Judgmental
- Low Self-Esteem
- Inner Conflict
- Stress Syndrome
- Suicidal (3 levels)
- Emotionally Inhibited
- Emotionally Repressed
- Socially Effective

The percentile norms of 1992 are divided into four major populations groups: adolescent, young adult, general adult, and senior adult. The **T-JTA's** normative data are based on a sample of over 26,626 individuals, male and female, ages 13 to 76.