

THE MEASURES OF PSYCHOSOCIAL DEVELOPMENT (MPD)

The **MPD** is based on psychoanalytical, biographical, historical and anthropological methods of study out of which Harvard Professor Eric Erickson proposed a theory that every individual experiences eight developmental stages in the course of the life span. Each stage is marked by its own unique central crisis or conflict, which is the result of interacting biological, psychological, and cultural forces. For each stage conflict there are unique positive and negative attitudes, or attributes of personality, which emerge from successful and unsuccessful resolution. It is the resolution of these conflicts or crises that dynamically generates the characteristics of individual personalities.

The eight stages of personality development, measured by this self-report inventory of 112 self-descriptive statements rated on a five-point scale ["Very much like me" to "Not at all like me"], are the following:

Trust vs. Mistrust	Identity vs. Identity Confusion
Autonomy vs. Shame and Doubt	Intimacy vs. Isolation
Initiative vs. Guilt	Generativity vs. Stagnation
Industry vs. Inferiority	Ego Integrity vs. Despair

The **MPD's** normative data are based on a sample of 2,480 individuals, ages 13 to 86, collected over a period of seven years.