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Greetings Prospective Clients and Visitors,

Welcome to this **New Client Information** section of my web site! This section is designed to enable prospective clients to enter the counseling and therapy process in the most user-friendly way I know possible.

Today's world almost always requires a minimal amount of paperwork to be completed for healthcare services. This is true for my healthcare disciplines also. Listed below are some items that I ask each client to complete prior to the first session. This user-friendlier approach enables a complete these items at one's convenience and wherever one chooses, and when one time is more readily available.

New clients are asked to please complete the first four items identified in green and bring to the first session. The other items in blue are just for one's general information.

- 1. Client Registration Information** — provides basic information and authorizes treatment for oneself or a minor.
- 2. Life Stress Scale** – provides a quick preliminary assessment of one's external life stresses and experiences.
- 3. Health Stress & Concerns Questionnaire** — provides a quick preliminary assessment of one's internal stresses and concerns.
- 4. Pastoral Counselor's Intake Form** — provides more specific biographical information, inviting one's more specific description of the need for help and the perceived changes needed in the major areas of one's life.
- 5. Information You Have A Right To Know** — provides pertinent information one may wish to review and explore at an appropriate time.
- 6. Fact Sheet** — provides a one-page summary of pertinent information about myself, should one need, for example, to have close by when conferring about insurance, or perhaps when one provides specific information about me regarding a referral.
- 7. Journaling** – a recommendation for each clients is some journaling, the second most important thing a client for do during a counseling and therapy process.
- 8. What Clients Are Writing** — Unsolicited notes from clients in recent years.

Thank you for your inquiry and cooperation in preparation for your first session. If that first session has not yet been scheduled, please call 415-2978 to schedule an appointment.

Know you have my warmest wishes and may your life be filled with...

Hope, Enlightenment, Courage and Joy!

Roy B. Nash

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