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Free 20-Minute Introductory Session

Without charge, a **Free 20-Minute Introductory Session** is offered to prospective clients or any person hesitant about counseling itself or about going with personal and intimate struggles to someone that they have not yet met.

As a relative of someone whom you believe could benefit from a counseling experience, when you perceive that someone is hesitant or resistance about contacting me to begin the process, please urge them to claim this **Free 20-Minute Introductory Session**.

In this session, prospective clients get a chance to meet me and visit in my office, casually referred to as the site of **'Therapy on the 19th Green'**, and get a feel for the atmosphere in which they would be receiving assistance.

Here are some of the items that could be discussed during this free 20-minute session:

- Does this person have a valid need for an assessment and/or counseling?
- Could counseling and therapy be beneficial for this individual?
- How long might it take to acquire the benefits desired?
- What therapy approach or theory might best be used with them?
- How much would this therapy cost?
- Is one's insurance applicable for this therapy?
- Are spiritual issues and concerns considered in my therapy practice?
- How confidential are the issues discussed in therapy?

To review a listing of other concerns that prospective clients may want to explore prior to or at the time of entering a counseling and therapy process, click on **Information You Have A Right To Know** in the section **New Client Information**.

To schedule an appointment for a **Free 20-Minute Introductory Session**, please call Chaplain Nash at 217-415-2978.

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