



**ROY B. NASH, M.Div., L.M.F.T., L.C.P.C.**

**BELIEF-FOCUSED CARE & HEALING**

**A LICENSED AND CERTIFIED:**

MARRIAGE & FAMILY THERAPIST: AAMFT – MEMBER  
BD CERT FELLOW: AM ASSOC OF PASTORAL COUNSELOR  
BD CERT CHAPLAIN: ASSOC FOR PROFESSIONAL CHAPLAINS  
BD CERT DIPLOMATE: AM ASSOC INTEGRATIVE MEDICINE  
DIPLOMATE: INT ACAD OF BEHAV MED, COUN & PSYCHOTHERAPY

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**FACT SHEET**

**COUNSELING AND THERAPY SERVICES**

MARRIAGE ASSESSMENT & THERAPY  
SEPARATION & DIVORCE RECOVERY  
PARENT / CHILD CONFLICT RESOLUTION  
SEXUAL RELATIONS THERAPY

DEPRESSION & ANXIETY THERAPY  
DP & ANX FROM SERIOUS ILLNESS  
GRIEF RESOLUTION  
MORAL & ETHICAL GUIDANCE  
LIFE COACHING STRATEGIES

SPIRITUAL DIRECTION & THERAPY  
PRAYER & MINDFULNESS THERAPY  
FAITH & SPIRITUALITY GROWTH  
BELIEF-FOCUSED THERAPY

**WORKSHOP AND SEMINAR PRESENTATIONS**

- SPIRITUAL ENERGIES:**  
A Paradigm for Spiritual Assessment & Pastoral Diagnosis & Individualized Healing
- STRUGGLING WITH LOSS & ITS AFTERMATH:**  
Grief – A Life Process For Personal Growth
- BECOMING SMARTER THAN YOUR KIDS:**  
“Join The Resistance” For Effective Parenting
- MIND / BODY / SPIRIT COMMUNICATION:**  
Enhancing One’s Life By Using your Whole Brain – Empowering Your Right and Left

- BELIEF-FOCUSED LIVING AND HEALING:**  
A Mind / Body / Spirit Paradigm For Individualized Healing And Growth
- DEPRESSION AND ANXIETY:**  
Examined From A Spiritual Perspective
- ENHANCING MARRIAGE COMMUNICATION:**  
More Of It And Improving It
- TRANSFORMING MARITAL CONFLICTS INTO GROWTH:**  
For Yourself And Your Marriage

**PROFESSIONAL MEMBERSHIPS, CREDENTIALS, AND EDUCATION**

**LICENSED THERAPIST AND COUNSELOR:**

- Illinois License for Marriage and Family Therapy --- 1994: #166-000255; Expires: 2-28-09
- Illinois License for Clinical Professional Counselor -- 1996: #180-001835; Expires: 3-31-09

**PROFESSIONAL COUNSELING AND THERAPY CERTIFICATIONS:**

- Am. Assoc. for Marriage & Family Therapy – Board Certified: Clinical Member: 1-1-76
- Am. Assoc. of Pastoral Counselors – Board Certified: Clinical Member: 5-1-76; Fellow: 10-12-95
- Am. Assoc. of Integrative Medicine – Board Certified: Diplomate: 12-01
- Most Recent →  International Academy of Behavioral Medicine, Counseling & Psychotherapy– Bd Cert: Diplomate: 5-04
- Am Psychotherapy Assoc. – Board Certified: Diplomate: 1-06

**INSTITUTIONAL CHAPLAINCY CERTIFICATION:**

- Association of Professional Chaplains – Board Certified: Chaplain: March 1976

**ECCLESIASTICAL RELATIONSHIP:** Ordained Elder and “Accepted” into the Louisiana Annual Conference of The United Methodist Church [“Full Membership”: June 2, 1966 ]

**GRADUATE DEGREE:** Masters of Divinity: The Methodist Theological School In Ohio: May 3, 1965

**UNDERGRADUATE DEGREE:** Bachelors of Arts: Louisiana Tech University: June 1961

**COUNSELING AND THERAPY HOURS:** In excess of 285 hours since receiving certifications in 1976\ Tabulated

**CONTINUING EDUCATION HOURS:** In excess of 4,000 hours since receiving certifications in 1976/ in 1994

**MOST RECENT PROFESSIONAL POSITIONS**

**MARRIAGE & FAMILY THERAPIST/PASTORAL COUNSELOR:** BELIEF-FOCUSED CARE & HEALING, Springfield, IL [Since 11-24-00]

**PASTOR:** Mason City United Methodist Church, a 365 member congregation in Mason City, IL [Nov 2000-June 2001]

**DIRECTOR:** Sylvan Learning Center, a supplemental education reading and math clinic in Springfield, IL [1997-2001]

**MARRIAGE & FAMILY THERAPIST AND PASTORAL COUNSELOR:** Bohlen & Associates, S.C., a private mental health group practice consisting of seven clinical practitioners in Springfield, IL [From 1-1-91 to 11-23-2000]

**DIRECTOR AND STAFF CHAPLAIN:** Department of Pastoral Care, Memorial Medical Center, a 585-bed acute care teaching hospital and medical center with a co-sponsored Clinical Pastoral Education (CPE) Program with Southern Illinois University School of Medicine in Springfield, IL [10-30-78 to 12-31-90]

**PUBLICATIONS – ARTICLES**

**“LIFE’S MAJOR SPIRITUAL ISSUES: AN EMERGING FRAMEWORK FOR SPIRITUAL ASSESSMENT AND PASTORAL DIAGNOSIS”,** Nash, Roy B., *The Care Giver Journal*, Volume 7, Number 1, 1990.

*“committed to compassion in counseling and excellence in psychotherapy...”*